



JSS MAHAVIDYAPEETHA
JSS ACADEMY OF TECHNICAL EDUCATION, BENGALURU

JSSATE BOYS HOSTEL

MENU PREPARED BY HOSTEL STUDENT FOOD COMMITTEE MEMBERS

DAY	BREAK-FAST 8:15 AM to 9:15 AM	LUNCH 12:45 PM to 2:00 PM	SNACKS 5:00 PM to 6:00PM	DINNER 8:00 PM to 9:15 PM
MONDAY	Puliyogare /Pongal/Tomato bath Chutney, Noodles, Ketchup, Coffee	Chapathi, Aloo Brinjal Dry, Jeera rice, White Rice, Dal, Sambar/Rasam, Papad, Salad, Buttermilk	Tea & Samosa,	Phulka, Gobi/Baby Corn Chilli, Veg biriyani, Raita, White Rice, Dal, Sambar/Rasam, Curd
TUESDAY	Idli, Vada, Sambar, Chutney, Badam Milk	Phulka, Panner, Coconut Rice & Chutney, Sambar/Rasam, Papad, Salad, Lassi	Tea & Bread Jam	Methi Chapathi, Veg Hyderabad, Puliyogare/ Bisibele Bath, White Rice, Dal, Sambar/Rasam, Curd, Sweet
WEDNESDAY	Aloo Parota, Curd, Red Chutney /Lemon Rice/Upma, coffee	Chapathi, Bhindi Masala Gobi Rice, White Rice, Dal, Sambar/Rasam, Papad, Salad, Buttermilk	Tea & Bonda	Phulka, Aloo Bhujji, Hyderabadi Biryani, White Rice, Dal, Sambar/Rasam, Curd
THURSDAY	Set Dosa, Chutney, Aloo Curry, Badam Milk	Puri/Bhatura, Veg Kurma / chole, Lemon Rice, White Rice, Dal, Sambar/Rasam, Papad, Salad, Fruit juice	Tea & Poha	Chapathi, Brinjal Masala, White Rice, Dal, Sambar/Rasam, Curd, Chat, Sweet(Gulab jamun)
FRIDAY	Idli, Sambar, Chutney, Cream Bun/Bhaji, Coffee	Chapathi, Mix Veg Palya, Baby Corn Rice, White Rice, Dal, Sambar/Rasma, Papad, Salad, Buttermilk	Tea & Good Day Biscuit	Phulka, Panner, Ghee Rice, White Rice, Dal, Sambar/Rasam, Curd
SATURDAY	Puri, Aloo Chana Gravy/Sagu, Chutney, Badam Milk	Phulka, Koftha, Palak Rice/Methi Palav, White Rice, Dal, Sambar/Rasma, Papad, Salad, Lemen juice	Tea & Kachori	Chapathi, Phindi Chana Panner Panner Gravy, Mushroom Fried Rice, White Rice, Dal, Sambar/Rasam, Curd
SUNDAY	8:30 AM TO 10:00 AM Masala Dosa, Aloo Palya, Sambar, Chutney, Coffee	-----	Masala Tea & Bhelpuri	Poori Dry Veg, Dal, Sambar, White Rice, Curd Rice, Banana Shake

SPECIAL MEALS (LAST WEEK OF THE MONTH) :- Spring Roll/Veg Roll/ Burger, Pani Puri, Parota, Special Gravy, Special Dry Palya, Special Rice, Sweet, Ice Cream, Cool Drinks.

STUDENT FOOD COMMITTEE MEMBERS

1. S PRAMOD (04th YEAR) *S. Pramod*
2. RAHUL RAJ (04th YEAR) *Rahul Raj*

3. NANDAN J S (03rd YEAR) *Nandan J S*
4. ABHIJITH RANJAN (03rd YEAR) *AbhiJat*

05 SHASHANK (02nd YEAR) *Shashank*
06 NAVNEET KUMAR (02nd YEAR) *Navneet*

RCC
WARDEN
25/07/22

Principal
PRINCIPAL
25/7/22